NEW PARENT EDUCATION & SUPPORT PROGRAM

U.S. Army Garrison Darmstadt



SERVICES PROVIDED:

- Home visits tailored to your own individual needs
- Families within a military community either expecting a child or with children from birth to 3 years old are eligible
- Learn new parenting skills in the comfort of your own home
- Address developmental and growth issues
- Address issues of nurturing, discipline, safety and play
- Provide assistance to improve family relations and verbal harmony in the home
- Offer support during deployments
- "Preparing for your Amazing Newborn" classes offered on a monthly basis
- "Play Mornings" every Thursday from 10:00 to 11:30 at the CDC Bldg. 4413, Lincoln Village
- We have books and videos to help you be the "Best Parent You Can Be"!!!!

Contact:

CLEOS Bldg. 4445

DSN: 348-7215

Lincoln Village

CIV: 06151-69-7215

